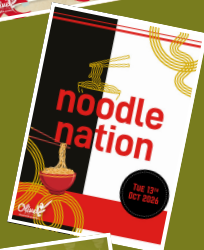


AUTUMN MENU

WEEK 1
WEEK 2
WEEK 3

MEAL
DEAL
£3.05

Theme
Days



MON

TUES

WED

THURS

FRI

MAIN
£2.60

MOO-PING STYLE
CHICKEN CURRY
WITH COCONUT RICE
(CE*, MU*, SO, G/W)

LEBANESE SPICED
CHICKEN WITH
BATATA HARRA &
TANGY TOMATO
SAUCE
(G/B*, O*, R*, W*)

BEEF PASTA AL
FORNO WITH
TOMATO & HERB
SAUCE
(CE, E*, MK, G/W)

CHICKEN &
PEPPERONI PAELLA
WITH LEMON
WEDGE
(CE, E*, MK, MU*,
SO*, G/W*)

FISH & CHIPS
WITH GARDEN
PEAS
(F, G/B*, W)

ROOTS & SHOOTS
£2.60

JAMAICAN
CAULIFLOWER CURRY
WITH RICE & PEAS
(CE, G/B*, W*)

ROASTED
VEGETABLES, BEANS &
CHICKPEAS WITH
BATATA HARRA &
TANGY TOMATO SAUCE
(CE, G/B*, O*, R*, W*)

SUPER GREEN PESTO
VEGETABLE RAGU
WITH WHOLEMEAL
PENNE
(MK, G/W)

MALLORCAN
RATATOUILLE WITH
CRISPY GARLIC
POTATOES

MARGHERITA PIZZA
WITH CHIPS & HOUSE
SALAD
(MK, G/W)

PASTA POPINA
£2.45

TOMATO & BASIL
PASTA
(G/W)

MEXICAN STREET
CORN PASTA BAKE
(MK, G/W)

CHERRY TOMATO &
SPINACH PASTA
(CE, G/W)

MAC & CHEESE
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)

PUD
£1.50

SUMMER CRUMBLE
WITH CUSTARD
(MK, G/W)

JAM & COCONUT
SPONGE WITH
CUSTARD
(E, MK, SO*, SU, G/W)

CHOCOLATE &
ORANGE MARBLE
CAKE
(E, MK, SO*, G/W)

CARAMELISED APPLE
SPONGE WITH
CUSTARD
(E, MK, SO*, G/W)

BANOFFEE PIE
(MK, G/B*, O*, R*, W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

GRAB N GO
£2.60

JAMAICAN PATTIES
WITH PINEAPPLE
SLAW
(CE, MU, SO, G/W)

BBQ CHICKEN
PANINI
(MK, SO*, G/B*, O*,
R*, W)

HOT WINGS WITH
CHIPS & SLAW
(CE*, E, MK*, MU*,
SO*, G/W)

CHIPOTLE BEEF
BURRITO
(CE, MU, G/B*, O*,
R*, W)

CHEF'S CHOICE

ALLERGENS KEY:

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SE = SESAME
SO = SOYA
SU = SULPHUR DIOXIDE

* = MAY CONTAIN

Go
Vegan

Olive
dining
food with passion

AUTUMN MENU

WEEK 1
WEEK 2
WEEK 3

MON

TUES

WED

THURS

FRI

MAIN
£2.60

PAPRIKA SPICED
BEEF GOULASH WITH
BUTTERED POTATOES
(E, G/W)

CININNATI STYLE
BEEF CHILLI &
STEAMED RICE
(G/B*, O*, R*, W*)

ROAST CHICKEN LEG
WITH SEASONAL
VEGETABLES &
GRAVY

SOUTHERN STYLE
SLOPPY JOE BEEF
CASSEROLE WITH
SPICY RICE & GREEN
BEANS

FISH & CHIPS
WITH GARDEN
PEAS
(F, G/B*, W)

ROOTS & SHOOTS
£2.60

HUNGARIAN VEGGIE
MEATBALLS IN
SPICED TOMATO
SAUCE WITH
BUTTERED POTATOES
(E*, SO, G/B*, O*, R*,
W)

VEGGIE CHILLI TACO
WITH SHREDDED
LETTUCE, SALSA &
SPICY RICE
(MU*, SO*, G/B*, O*,
R*, W*)

THYME & GARLIC
ROASTED QUORN
WITH SEASONAL
VEGETABLES &
GRAVY
(G/W)

SMOKEY BBQ
JACKFRUIT BURGER
WITH HOMEMADE
POTATO WEDGES &
RAINBOW SLAW
(E, SE*, G/B*, O*, R*,
W)

MARGHERITA PIZZA
WITH CHIPS & HOUSE
SALAD
(MK, G/W)

PASTA POPINA
£2.45

TOMATO & BASIL
PASTA
(G/W)

CREAMY MUSHROOM
& PEA SPAGHETTI
(CE, E, MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)

MAC & CHEESE
(MK, G/W)

THREE CHEESE
PASTA
(MK, G/W)

PUD
£1.50

STICKY TOFFEE
PUDDING
(E, MK, SO*, G/W)

MANGO CHEESECAKE
(E*, MK, SO*, G/B*,
O*, R*, W)

JAMAICAN GINGER
CAKE WITH CUSTARD
(E, MK, SO*, G/W)

MIXED BERRY
CRUMBLE WITH
CUSTARD
(MK, G/W)

CHOCOLATE SPONGE
WITH CHOCOLATE
SAUCE
(E, MK, SO*, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

GRAB N GO
£2.60

JERK CHICKEN RICE
BOX WITH SLAW
(E)

HOT SOUTHERN
FRIED BBQ
CHICKEN WRAP
(MK, SO, G/W)

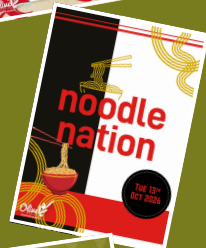
HOT WINGS WITH
CHIPS & SLAW
(CE*, E, MK*, MU*,
SO*, G/W)

TANDOORI BEEF
KEEMA NACHOS WITH
MINT YOGHURT
(MK, SO*)

CHEF'S CHOICE

MEAL
DEAL
£3.05

Theme
Days



ALLERGENS KEY:

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SE = SESAME
SO = SOYA
SU = SULPHUR DIOXIDE

* = MAY CONTAIN

Go
Vegan

Olive
dining
food with passion

AUTUMN MENU

WEEK 1
WEEK 2
WEEK 3

MON

TUES

WED

THURS

FRI

MAIN
£2.60

CHICKEN &
VEGETABLE BALTI
CURRY WITH
STEAMED RICE
(MU*, G/B*, O*, R*,
W*)

MEAT FEAST PIZZA
WITH HOMEMADE
POTATO WEDGES &
CHEF'S SALAD
(CE*, E*, MK, MU*,
SO*, G/W)

SOUTHERN SPICED
CHICKEN JAMBALAYA

TRADITIONAL BEEF
RAGU WITH HERB
INFUSED PENNE
(CE, G/W)

FISH & CHIPS
WITH GARDEN
PEAS
(F, G/B*, W)

ROOTS & SHOOTS
£2.60

SRI LANKEN YELLOW
VEGETABLE CURRY
WITH STEAMED RICE
(CE)
V

VEGGIE SUPREME
PIZZA WITH
HOMEMADE WEDGES
& CHEF'S SALAD
(MK, G/W)

CAJUN SPICED
ROASTED POTATO
DIRTY RICE WITH
SOUTHERN FRIED
GREENS
(CE)
V

TUSCAN COURGETTE &
PEPPER STEW WITH
HERB INFUSED PENNE
(CE, G/W)
V

MARGHERITA
PIZZA WITH CHIPS
& HOUSE SALAD
(MK, G/W)

PASTA POPINA
£2.45

MAC & CHEESE
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)
V

CREAMY PUMPKIN
PASTA
(CE, E, MK, G/W)

ROASTED SQUASH &
PEA ALFREDO
SPAGHETTI
(E, MK, G/W)

TOMATO & BASIL
PASTA
(G/W)
V

PUD
£1.50

SPICED BANANA
SPONGE WITH
COCONUT SAUCE
(E, MK, SO*, G/W)

PEAR UPSIDE DOWN
CAKE WITH CUSTARD
(E, MK, SO*, G/W)

CARROT CAKE
(E, MK, SO*, G/B*, O*,
W)

APPLE CRUMBLE WITH
CUSTARD
(MK, G/B*, O, W)

WEST INDIAN FRUIT
CAKE
(E, MK, SO*, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

GRAB N GO
£2.60

SWEET CHILLI
CHICKEN WRAP
(E, G/W)

PEPPERONI &
MOZZARELLA PANINI
(CE*, E*, MK, MU*,
SO*, G/B*, O*, R*, W)

PIRI PIRI CHICKEN
WITH WEDGES &
SLAW
(E)

BEEF KEEMA
QUESADILLA
(MK, G/W)

CHEF'S CHOICE

ALLERGENS KEY:

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SE = SESAME
SO = SOYA
SU = SULPHUR DIOXIDE

* = MAY CONTAIN

MEAL
DEAL
£3.05

Theme
Days

