

# GLOBAL ADVENTURE MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Curry  with  Rice	Beef Chilli  with  Rice	BBq Chicken  with  Rice	Beef Burrito  with  Rice	Curry Chicken  with  Chips
Pasta & Paninis	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)
	Hot Panini	Hot Panini	Hot Panini	Hot Panini	Hot Panini
	Chocolate Muffin	Cookie	Brownie	Lemon Muffin	Cookie
	Mix salad	Coleslaw	Crunchy Salad	Mix Salad	Coleslaw
Sandwiches	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham

\*Wholegrain \*\*\*Oily Fish (V) Vegetarian

# GLOBAL ADVENTURE MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Mac Cheese <b>with</b> Garlic Bread	Beef Chilli <b>with</b> Rice	Lemon Roasted Chicken <b>with</b> Rice	Beef Tikka <b>with</b> Rice	Battered Fish <b>with</b> Chips
Pasta & Paninis	Pasta with Bolognaise or Tomato sauce (v)	Pasta with Bolognaise or Tomato sauce (v)	Pasta with Bolognaise or Tomato sauce (v)	Pasta with Bolognaise or Tomato sauce (v)	Pasta with Bolognaise or Tomato sauce (v)
	Hot Panini	Hot Panini	Hot Panini	Hot Panini	Hot Panini
	Chocolate Muffin	Cookie	Brownie	Lemon Muffin	Cookie
	Mix salad	Coleslaw	Crunchy Salad	Mix Salad	Coleslaw
Sandwiches	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham

\*Wholegrain    \*\*\*Oily Fish    (V) Vegetarian

# GLOBAL ADVENTURE MENU WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sweet & Sour Chicken with Rice	Beef chilli with Rice	BBQ Chicken with Rice	Beef Burrito with Rice	Pizza with Chips
Pasta & Paninis	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)	Pasta with Bolognese or Tomato sauce (v)
	Hot Panini	Hot Panini	Hot Panini	Hot Panini	Hot Panini
	Cookie	Brownie	Flapjack	Lemon Muffin	Cookie
	Coleslaw	Mix salad	Carrot & Pepper Salad	Mix salad	Coleslaw
Sandwiches	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham	Tuna, Cheese, Chicken or Ham

\*Wholegrain \*\*\*Oily Fish (V) Vegetarian