

Virtual School News

Issue 12

Friday 3 July

Key points

- How have members of the SMA community been responding to the Black Lives Matter campaign? See P.4
- Check out what Years 9 and 10 have been up to in school. See P.2
- Take a look at how Christal in Year 11 has been filling her time. See P.3
- Missing Sports' Day? Check out the Lock-down Olympics in this week's issue! See P.5

The First Black Footballer to be Picked for England

Fans of Plymouth Argyle FC, are campaigning to put up a statue of Jack Leslie - the first black footballer to be picked for the men's England football team. Sadly however, Jack Leslie never played for England: he was dropped when the England bosses discovered he was not white. It was not until 1978, that Viv Anderson became the first black footballer to represent this country.

Leslie was born in Canning Town, East London in 1900. His mother was English and his father was Jamaican. A gifted athlete, Leslie played for Barking Town attracting the attention of several other clubs including Plymouth Argyle. Jack Leslie became captain of Argyle but he was never again picked for England.

In 1925, Leslie married Lavinia. It was unusual then for a black man to marry a white woman. Consequently, the couple became victims of racial abuse. His granddaughters, now grandmothers themselves, remember how Jack would cross the road if he saw them with their friends so that they would not suffer the same way. They chased after him anyway because they loved him, shouting 'hello Granddad!'

At the end of his playing days, Leslie and his family returned to East London where he found work as a boilermaker. When he retired, Lavinia urged him to go to West Ham FC and ask the club for a job. The manager Ron Greenwood, remembered Leslie as a great player and offered him work. Ironically, Leslie found himself cleaning the boots of Bobby Moore, Geoff Hurst, and Martin Peters, World Cup winners with England in 1966.

Leslie also cleaned the boots of West Ham's black striker Clyde Best, who, in the late 1960s and 1970s, was one of a tiny number of black players in English football. Leslie loved the work and being around footballers however it was not fitting for a man who should have been celebrated as the first black player to play for England.

Plymouth Argyle have honoured Leslie with a mural at their ground and now a group of fans are campaigning for a statue to commemorate Jack Leslie's talent and the injustices he suffered. Jack Leslie should be celebrated as a major figure in the history of English football and society for what he achieved, despite being a victim of racism.



3 Key things we have learnt so far...

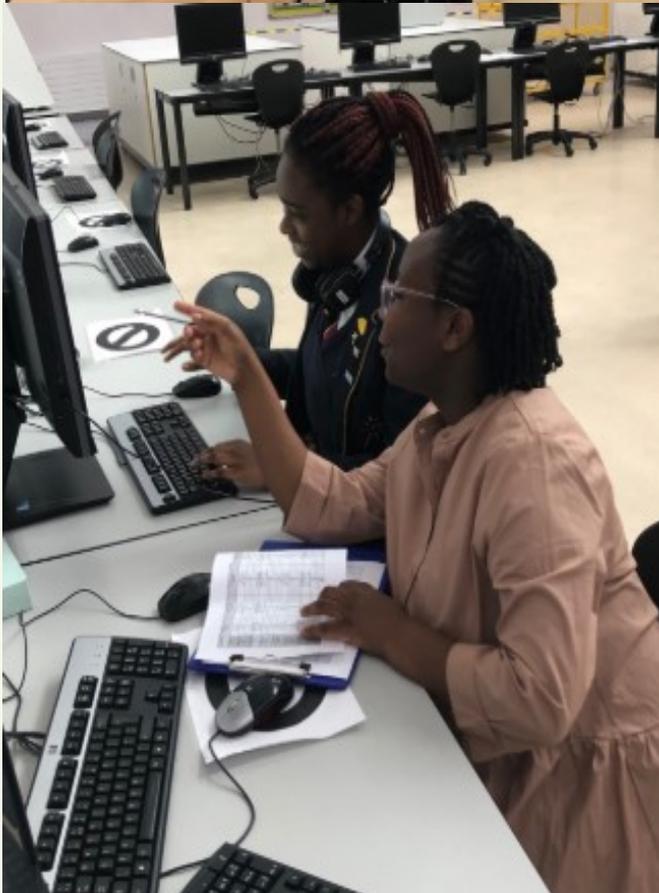
1. Year 10 continue to impress the their attendance and business –like attitude in getting focussed on their studies. This all bodes well for the year ahead so well done Year 10!

2. Year 9 have settled in almost as quickly as Year 10. It's clear that both these Year Groups are setting the standard for the days ahead and reminding us all—as if it were needed—what a great school SMA is!

3. We are all looking forward to seeing Years 7 and 8 face to face again—KS3 can't let KS4 take all the glory! Hopefully by the end of term we will be feeling a little more like we are getting back to normal. See you soon KS3!

Y10s are back in school enjoying the 'new normal'!

Y9s also returned to school for their wellbeing and progress check ups. Y7 next week!



What have our graduating Y11s been up to?

GCSEs would have finished a couple of weeks ago (under normal circumstances) so what have Y11 pupils been doing to keep themselves busy and to prepare for college and sixth form?

"I have used this time to complete my Online Safety in Early Years course ahead of my college course in September."

Christal Y11



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Christal Nzegbulem
has completed the online course
Online Safety in Early Years
on this date
13 June 2020

Pumira Taruku OBE
Chief Executive, NDNA

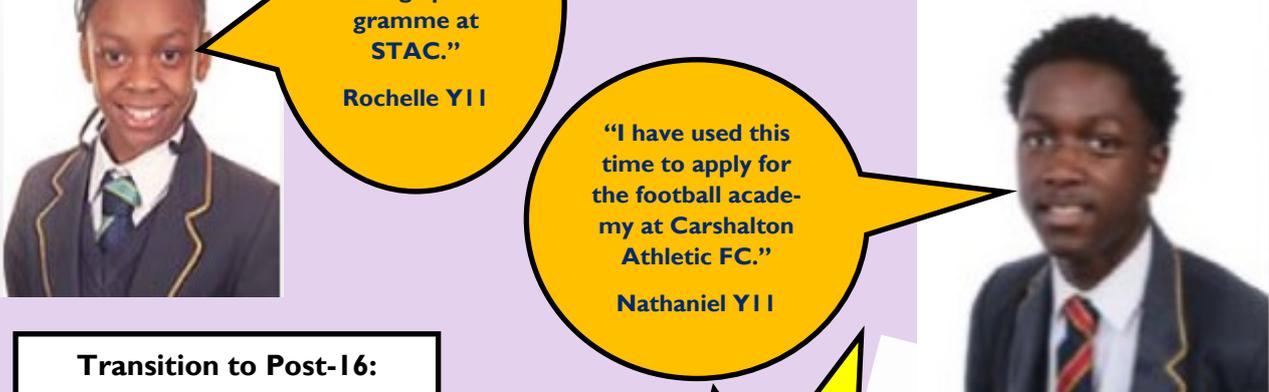
"I have used this time to attend the virtual Oxbridge programme at STAC."

Rochelle Y11



"I have used this time to apply for the football academy at Carshalton Athletic FC."

Nathaniel Y11



Transition to Post-16:

In each of the Y11 Google Classrooms you will find the links to A-Level reading lists, subject transition booklets and careers advice to ensure you are ready to hit the ground running when you start sixth form or college.

Have a look at the CTK Virtual Classrooms and scroll through to find the subjects you are interested in taking:

<https://www.ctl.ac.uk/year-11-virtual-school/>

Attention Y11!

Complete the survey in your Google Classroom to give your year book contributions: Who will win best bromance? Who will be class clown?



SMA Pupils' Responses to the Black Lives Matter Movement

Look out for the anthology of work celebrating the powerful pieces produced by KS3 pupils in response to #BLM, coming soon.

Here is a taster of the work that will be shared in the upcoming anthology:

Fire in Babylon: Who Made Who Grovel?

By Tyrone Fogarty – Year 9

This historical cricket match played at the Oval, Kennington on the 17th- 22nd August, 1976 between England and the West Indies, will be remembered forever as one of the greatest games in history not only for the sport, but for the players and their communities.

Tony Greig, England's captain and Clive Lloyd, West Indies captain were both important figures in this victory. Clive Lloyd West led the West Indies to victory while Tony Greig tried to give the determination and drive needed to win to his team, after stating an arguably racist comment towards the West Indies – 'I intend to make them grovel.'

'Grovel.' That one word was enough to inspire the West Indies enough to defy the odds and prove to Tony Greig and the world that they grovel no more.

The West Indies beat England by 231 runs having taken all 20 England wickets in 2 innings. It was an absolute thrashing that even made Tony Greig grovel and sink to his knees.

This game proved to the world that the West Indies have got more than enough skill to beat anyone and prove that the colour of your skin doesn't determine your capabilities.

The four players in the West Indies team that proved this point were the Four Horsemen of the Apocalypse: Andy Roberts 'The Hit Man', Michael Holding 'Whispering Death', Colin Croft and Joel Garner. These four men were the world's 4 greatest bowlers and a beacon of hope to the next generation of the great sport. As you know some harsh words were shared between the Players of West Indies and England such as: 'Grovel', 'Ruthless', 'Dangerous' and many more. These words were not only used as motivation to win but some were also true.

The West Indies were ruthless when facing England leading to their victory. They were obviously offended and angered, but they rose up and proved to the world that they were the greatest cricket team to walk the earth. Their victory was celebrated around the world and shocked those expecting them to lose. This victory transcended the sport forever and will be remembered as the greatest cricket match in history.

BLACK IS NOT A WEAPON

By Asia Malone Y7

Black is not a weapon, black is not a weapon, black is unique

But we still seem to offend you

Black is not a weapon, but we're stereotyped as loud

Black is not a weapon, but we're always being put down

What would the world be like if Rosa Parks gave up her seat or Martin Luther King had no dream?

Black is not a weapon, but when it's black on black crime

Suddenly all black people are wild and uneducated

Black is beautiful, black is powerful, black is more than just a colour

The melanin in our skin does not divide us from one another

Black is not a weapon, black is unique

I will stand here today with my fist and head held high

Cops killing innocent people, the question is why?

Now it's our time to speak up and beat the system

Black is not a weapon, black is unique

We scream black lives matter from the top of our lungs

But we are still not loud enough!

We need to let our voices be heard: we've reached our breaking point

Black is not a weapon, black is unique



SMA's Lockdown Olympics!

Our annual sports day would have taken place on the 9th JULY! To make up for this the PE team have been busy competing in some of the events. Can you beat any of the PE teachers scores?
Don't forget to send your PE teachers some pictures and best scores!

Olympic Event: The Long Jump

Lockdown event: The Living room/outdoor leap/standing jump

Can you give an example of an athlete that competes in that event?

What distance did Great Britain's Greg Rutherford jump to win Gold in London 2012?

On the next slide create an information page all about the event, you can include:

- A brief sporting history
- technique /how to perform it
- famous athletes that compete in the event
- current world records (male and female)

Mr Salih managed 1.85meters!
(about two large steps)
Your score _____

How to:

1. Stand with two feet next to each other
2. Bend down ready for your jump
3. Mind your head as you jump!
4. Land two footed
5. Measure your distance (from the back of your feet) with a sock
6. See if your family can beat you!



Olympic event: Curling

Lockdown version: The Kitchen curl

This is a great game for older family members as well as younger ones! Can also be played as a team- adults Vs Children!

You need:

1 tin of beans (to act as your target)

3 x white socks scrunched into balls

3 x black socks scrunched into balls

On the next slide create an information page all about the event, you can include:

- A brief sporting history
- technique /how to perform it
- famous athletes that compete in the event
- current world records

How to:

1. Place the tin of beans away from you as the 'target'
2. White sock team goes first, and throws/slides the sock towards target
3. Black then has their go
4. Repeat steps 2 & 3 until no socks left
5. Whoever has the closest sock to the target wins that point! And play again- first to 7!

Mr Goksel just about beat his 2 year old daughter at this game!
Who won in your home?





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Olympic Event: Boxing Lockdown Version: Bedroom boxing

Boxing is scored on points

How to:

You should not punch anything or anyone!

1. In 30 seconds, who can complete the most 'air punches'
2. Arms must be at right angles at elbow with hands above face
3. One punch is arm fully extended out in front of you (punching air only)
4. How many punches can you make in 30 seconds?
5. If you find it easy- hold a tin of beans or bottle of water in each hand to make it harder!

**Mr Young managed a knockout 96 air punches!
Can you beat him!**

Your score _____

Beverloe - @MikramPE

The Jab - Punch Technique



- 1) Stand in your boxing stance (Orthodox/Southpaw) - Hands up, elbows in, stood side on to the target, knees slightly bent.
- 2) Extend your non-dominant hand towards target - This should be a relaxed, but quick and powerful movement.
- 3) Twist your wrist before contacting the pad - Rotate your wrist and arm simultaneously towards the last phase of the punch, so that your knuckles are pointing up when contacting the pad.
- 4) Tighten your fist right at the moment of impact - Your jab lands with a tight fist and a sharp exhale. The result is a sharp snapping jab.
- 5) Return back to stance - Maintain guard to prepare for the next punch.



This is how to position the pad for a Jab!

- The jab is the most basic but effective punch, mastered by many boxers such as Anthony Joshua and Floyd Mayweather.
- The jab can also be used to set up other punches, push punches away and distract the opponent.
- Aim to throw the jab with pace and precision.
- Mistakes to avoid: Don't step back, don't have your elbow sticking out.

Olympic event: 100m Sprint Lockdown version: Speed bounce

You need one loaf of bread to act as a mini hurdle (a bag / scrunched up jumper will also do!)

How to:

Stand to the side of your 'hurdle' with two feet together
When the timer says go, you need to bounce as fast as you can from two feet to two feet either side of the hurdle
10 seconds is the duration - how many did you get!?

Ms Jones Personal best is 15 on this! Can you beat her?

Your best score? ____

Who was second best in your home? ____



On the next slide create an information page all about the event, you can include:

- A brief sporting history
- technique /how to perform it
- famous athletes that compete in the event
- current world records

PRIMARY CHALLENGE:

This week we are thinking about our own faith and how it affects our lives and relationships with other people.

Choose a challenge card to complete.

Create a poster which could be displayed around school, showing others how to be kind and care for others.



Write a poem about caring for others using the letters C, A, R and E to begin each line.

Care for your friends and family,
Always looking after each other,
R...
E...



People of Faith Challenge Cards

What is an interfaith organisation? What do they do?



People of Faith Challenge Cards

How do beliefs affect our actions? Are all beliefs positive?



People of Faith Challenge Cards

Who inspires you? How do they inspire you?



People of Faith Challenge Cards

Which of your beliefs is the most important to you?



Secondary home learning roll of honour...

We are so proud of our pupils who have been working hard at home this week to produce amazing quality work. Thank you to our supportive parents who are managing home schooling. Send us snapshots of you working hard at home – we would love to include them!

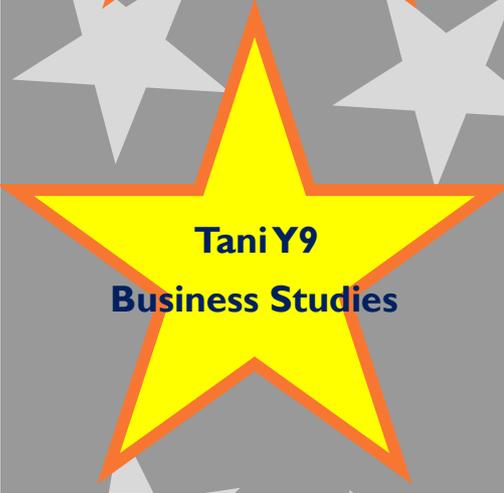
Will you let your light shine and be awarded a shout out next week? Complete your online tasks and email your teacher any other work completed to make the roll call next week!



**Grace Y9
History**

August 1941

Hello, it is me again, the conditions are getting worse and worse. I am on body duty, I bury the dead. The shovel feels so heavy with the state of weakness I am in. I always search the body for their ration card when I am working. There is no right or wrong not that I know of, the lines defining them only get thinner, along with my body. I am so hungry I feel I can barely stand. The shelling and bombings are hardly in my concern, my feelings for my friends and family dining are almost mutual to that of the bombing, except part of me wants them to die so I may have their food. My hunger is driving me crazy. When I see food, I can't not take it. Filth is all around me and soon there will be a bitter cold. I hope the winter and the soldiers can fight off the Germans. My fear is that there is no help and then food will run out and I will starve.

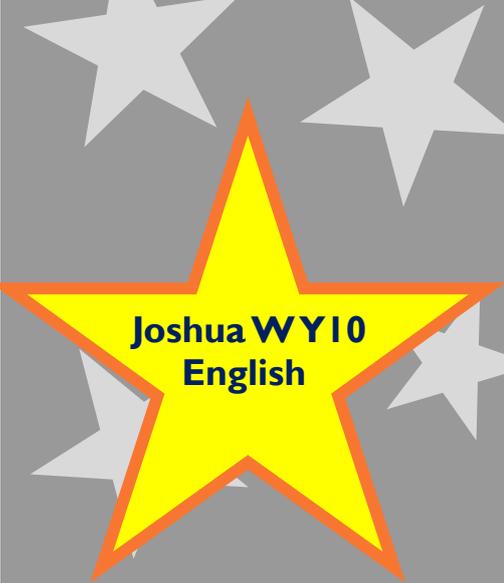


**Tani Y9
Business Studies**

Explain ONE benefit of building a good brand image for a product. (3)
One benefit is that customers tend to associate products with a good brand image with higher quality and sought after lifestyles. Leading to customers being willing to pay higher prices for the products in question which will increase the contribution per unit on each purchase. Therefore, a business may be able to increase their profit and thus their margin of safety.

"The tragedy at Grenfell Tower gave the UK a once-in-a-generation opportunity to fix the country's failing social fabric and become a more united and compassionate society"

To what extent do you agree with this statement?



**Joshua WY10
English**

I definitely agree with this statement and I think it was and still is a good chance to become more united (which it has done to certain extent) but in order to fix the country's social fabric much more needs to be done than the general public being more united and compassionate (which is/would be a fantastic step in the right direction). People in power have to do much more than what they are doing. First of all the companies, the government, and the people directly involved with the tragedy of Grenfell need to be held accountable. Justice needs to be served for the people that passed and for their family and friends. The government needs to implement a whole range of things in order for general equality in society for the people of colour, immigrants working class etc... Without this, nothing will change, and so far, 3 years on, barely anything has changed. People are still crying for justice and with this government in power, we are light years away from any social reform. This situation as a whole is a disgrace but it can still be a once-in-a-generation opportunity to fix the social fabric of London and the rest of the UK but so far a saddening amount has been done and most of the good come out of this situation has come from ordinary good people and not those that can bring true structural change.

Secondary home learning roll of honour continued...

Well done to our top scorers in Hegarty Maths, This is Language, Duolingo, Seneca and Lexia this week. Congrats to our photographer of the week too! Will you make the roll of honour next week?



St Matthew Academy Hegarty Maths Performance Monday 22nd - Sunday 28th June 2020



Top 5 Hegarty Users in SMA		
Name	Year	Number of hours on hegarty
Kimberly WILLSON-OWUSU	10	9.5
Angelima BAANAH-JONES	8	9
Jayden BROWN REID	7	8
Akshayan PRABAKARAN	7	7.8
Kaede TAKEDA	8	7.6

Top 5 MEMRI Classes in SMA		
Name	Year	Number of hours on Memri
10ew/Ma3	10	12.8
8e/Ma1	8	8.2
10ew/Ma2	10	8.1
10ew/Ma1	10	5.4
7e/Ma1	7	4.5

Top 2 Hegarty Users in Year 7 SMA	
Name	Number of hours on hegarty
Jayden BROWN REID	8
Akshayan PRABAKARAN	7.8

Top 2 Hegarty Users in Year 8 SMA	
Name	Number of hours on hegarty
Angelima BAANAH-JONES	9
Kaede TAKEDA	7.6

Top 2 Hegarty Users in Year 9 SMA	
Name	Number of hours on hegarty
Tanitoluwa SIDYOMBO	6.8
Haja KONIE	6.1

Top 2 Hegarty Users in Year 10 SMA	
Name	Number of hours on hegarty
Kimberly WILLSON-OWUSU	9.5
Tyrone PDWELL	5.6



Average hours per student this week:
2

Aim: 3 hours!
You can do it!!

SMA is rank 250 out of 1731 schools using Hegarty!
AIM this week: To be back in the top 200 schools by next week!



This Is Language Top Scorers:

French – Bilal Y7 + Giulio Y9
Spanish – Franklina Y10 + Dominion Y8

Duolingo Top Scorers:

French – Denzel Y7
Spanish – Matue Y7

Lexia Top Scorers:

Kyle Y7 = 170 minutes
Mohamed Y7 = 107 minutes

Science Top Google Quizzers:

Year 7: Elliot, Aisosa, Kyman, Estephane

Year 8: Lilia, Shalome

Year 9: Andre, Zion

Year 10: Joshua, Elizabeth

Primary home learning roll of honour...

We are so proud of our primary pupils who have been working hard at home this week to produce amazing quality work. And big thank you to our parents for making home schooling possible! Will you let your light shine and be awarded a shout out next week? Complete your tasks and email your teacher any other work completed to make the roll call next week.

Reception Star Learner of the Week:
Bumblebees = Martin

Y1 Star Learner of the Week:
Dragonfly = Isabel

Y2 Star Learner of the Week:
Butterfly = Josue

Y3 Star Learners of the Week:
Cheetahs = Tenaiyah
Panthers = Devontae

Y4 Star Learner of the Week:
Tigers =

Y5 Star Learners of the Week:
Wolves = Eldi
Lions = Matthew

Y6 Star Learners of the Week:
Eagles = Jahzarra
Jaguars = George

Y6 are busy rehearsing
for their virtual end of
year production coming
soon!





Chaplaincy

Prayer for protection and safety

Father, I come to You today, bowing in my heart, asking for protection from the evil one. Lord, we are assailed moment by moment with images on television, the internet, books and newspapers that leave us vulnerable to sin of every kind. Surround us with Your divine hedge of protection. Encompass us round about with Your strength and Your might. Let all who take refuge in You be glad, let them ever sing for joy. And may You shelter us, that those who love Your name may exult in You. For it is You who blesses the righteous man, O LORD, You surround him favor as with a shield. (Psalm 5:11-12)

Lord, I ask that You protect our minds. Father, the mindset on the flesh is death, but the mindset on the Spirit is life and peace. (Romans 8:6) O God, set our minds on You. Let us not be conformed to this world, but be transformed by the renewing of our minds that we may prove what Your will is, that which is good and acceptable and perfect. (Romans 12:2) Help us by the power of Your Spirit to think on whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything is worthy of praise, let our minds dwell on these things. (Philippians 4:8)

Strengthen us in the power of Your might, O God. Dress us in Your armor so that we can stand firm against the schemes of the devil. We know that our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. (Ephesians 6:10-12) You are our keeper, O Lord, the shade on our right hand. Protect us from all evil and keep our soul. Guard our going out and our coming in. From this time and forever.

In Jesus' name, Amen. – by Lynn Cooke

Archbishop John Wilson to celebrate a Live Stream Mass for schools



Archbishop John Wilson invites all schools to attend the Live Stream Mass on Wednesday 15th July 2020 at 2.15pm.

Archbishop John Wilson also sent schools a video for the Year 6 & Year 11 leavers given the concern shown over their well-being and disruption to their learning due to the pandemic. He also wanted to wish them well as they begin a new journey and offer a blessing for their futures.

Watch his messages here:

Year Six - <https://youtu.be/Z0nzYNgKlI8>

Year Eleven - https://youtu.be/H51T64_ZZVk

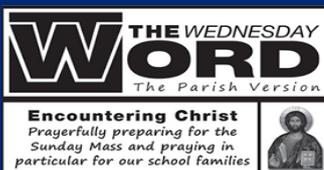
Poets' Corner

Philip Larkin, 'Church Going'. A meditation on the role of the church in a secular age, written by a poet who described himself as an 'Anglican agnostic', 'Church Going' is one of Larkin's most

popular poems from The Less Deceived. In the poem, the speaker of the poem visits a church on one of his bicycle rides and stops to have a look inside – though he isn't sure why he stopped. The title carries a double meaning: both going to church (if only to look around, rather than to worship there), and the going or disappearing of churches, and the Church, from British life.

Wednesday Word – Spiritual Nourishment

Please click the latest parish version Word:



link below for the vision of Wednesday

www.wednesdayword.org/downloads/parish_docs/640-A-Ord-14-2020.pdf



Reading Corner...

Don't forget to join in with the virtual book club and take part in the writing competition. Send us pictures of you or your family enjoying a good book – audio counts too!

BLM Writing Competition



500 Words is the world's largest story-writing competition for kids. We want to bring children's voices onto the themes and issues emerging from the Black Lives Matter movement. We want children to lead on the process of writing their story.

From 6:30am on Monday 29th June until Friday 3rd July at 11.59pm 2020, we invite children aged between 5 and 13 to respond in whatever way they wish in no more than 500 words, in the form of a story.

Enter your story here:

<https://500words.me/>

Primary Reading Recommendation:

'The Giants and the Joneses'

by Julia Donaldson

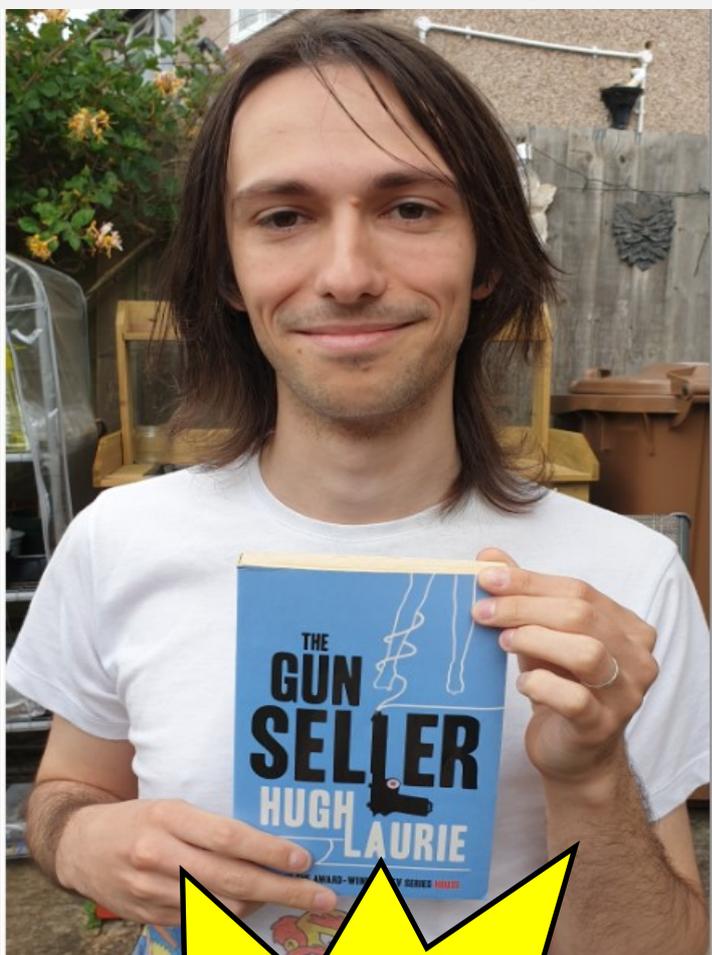
Secondary Reading Recommendation:

'The Distance Between Me and the Cherry Tree'

By Paola Peretti

Staff Reading Recommendations This Week:

Mr Blakemore is reading 'The Gun Seller' by Hugh Laurie.



Who said the quote?

"You are never too old to set another goal or to dream a new dream."

Email your guesses to
fcr@stmatthewacademy.co.uk

Don't get bored!

JACK PETCHHEY FOUNDATION
COUNT ON
US Secondary Maths
Challenge
WITH MAYOR'S FUND FOR LONDON

**Can you do the maths puzzle
below?**

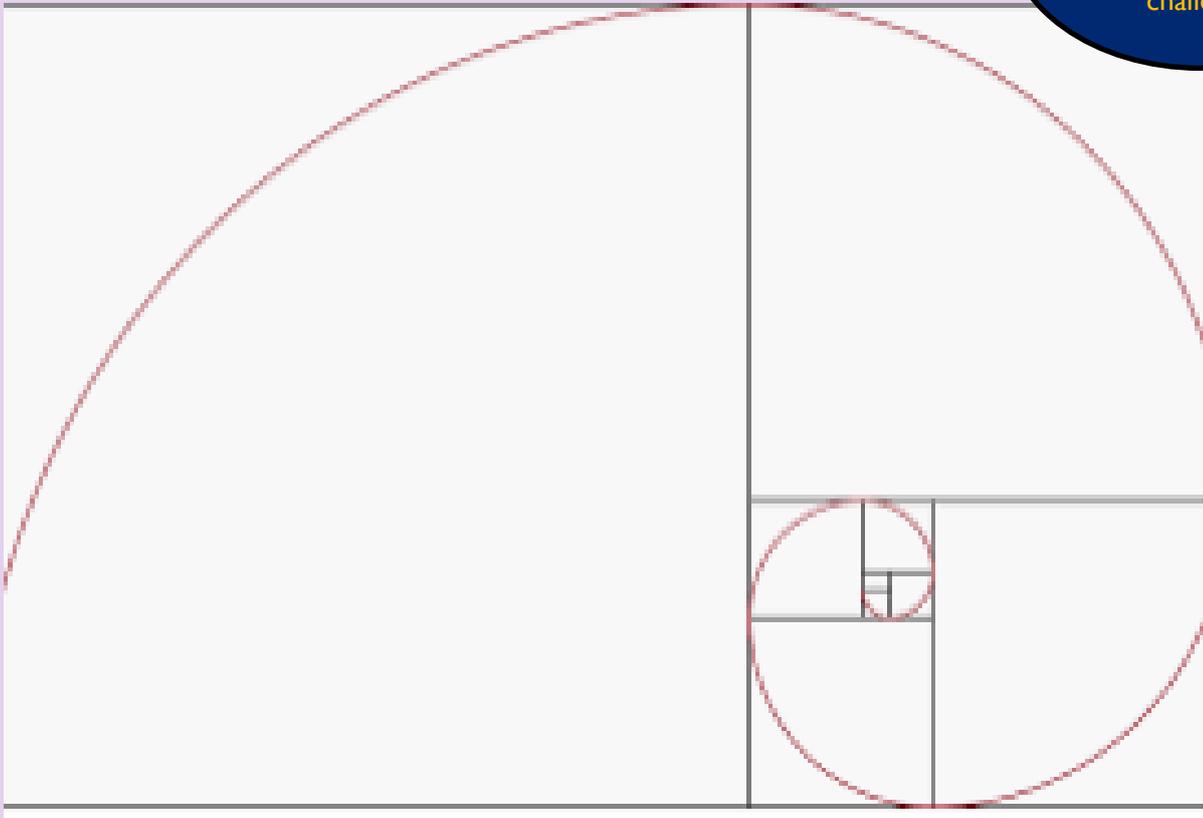
Send your answers to kng@stmatthewacademy.co.uk

What is the 'Golden Ratio'?

Make a video clip, poster or write a short essay.

- a) the history of the Golden Ratio
- b) application to real life

Well done to Andy
Y7, Lara Y8, Tatiana
+ Karen Y10 for all
winning last week's
challenge



Final thoughts for the week...

Thank you to our staff and parents for your support in making this difficult time as 'normal' as possible for our pupils.

If you wish to donate to raise money for devices for pupils please follow this link:

https://www.gofundme.com/f/computers-for-pupils?mem-ber=&utm_medium=email&utm_source=customer&utm_campaign=p_email%2Binvitesupporters

For more information about anything else, please visit:

SMA Website:

www.stmatthewacademy.co.uk

SMA Twitter page: @StMattAcad



stmatthew.academy • 801425553



ENTER NOW

JACK PETCHLEY ANTHEM COMPETITION

Are you 11–25, from London/Essex and interested in music?

Enter for free via our website!

WIN £2000 for your music project/study

Closes July 31st

The poster features a blue and purple background with musical icons like a guitar, a smartphone, a laptop, a microphone, and musical notes. A white box in the center contains the competition details. A yellow circle in the top right corner says 'ENTER NOW'. A yellow circle in the bottom left corner says 'Closes July 31st'. A yellow circle in the bottom right corner says 'WIN £2000 for your music project/study'. A small blue circle with a white figure icon is at the top center of the white box.