

# [WEEKLY MENU]



Week 3

Weeks Commencing: Mon 18th Sept - Mon 9th Oct - Mon 6th Nov - Mon 27th Nov - Mon 18th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Southern Fried Chicken (G, MK, MU)	Beef Chilli Con Carne (CE, G*, MK)	Roast Turkey + Roast Gravy)	Thai Green Chicken Curry (CR, MK, SU)	Fish + Chips + Homemade Tartar Sauce (E, F, G, MU, SU)
Vegetarian Dish of the Day	Katsu Spiced Bean Burger (G, MU, SE*)	Roasted Vegetable + Blackbean Burrito (CE, G)	Grilled Vegetable Quiche with Tomato Sauce (CE, E, G, MK)	Falafel + Smoked Red Pepper Flat bread (SU)	Sloppy Joe Veggie Dog (CE, E, G, SE*)
Vegetable Choice	Homemade Wedges + Coleslaw (E, MU)	Sweetcorn Salsa (CE)	Rustic Roast Potatoes	Salad Bar	Homemade Wedges
Dessert of the Day	Caramelised Banana Loaf (E, G, MK)	Lemon Drizzle Sponge (E, G, SU)	Apple Crumble Cake with Vanilla Sauce (G, MK)	Winter Berry Meringue Pot (E, G, MK)	Chocolate + Orange Marble Cake (E, G, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds  
\* = May Contain

St Matthews

