

[WEEKLY MENU]



Week 2

Weeks Commencing: Mon 11th Sept - Mon 2nd Oct - Mon 30th Oct - Mon 20th Nov - Mon 11th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Jerk Chicken	Classic Beef Lasagne with Garlic Bread (E*, G, MK)	Butchers Choice Sausages (G, SO, SU)	BBQ Chicken Fajitas (G, MU)	Fish & Chips with Homemade Tartar Sauce (E, F, G, MU, SO)
Vegetarian Dish of the Day	Caribbean Vegetable Curry (CE, G*)	Vegetable Spring Rolls with Egg Fried Rice (CE, E, G, MU*, SE*, SO)	Squash Wellington with Sage & Rocket Pesto (CE, E, G, MK)	Sweet Potato & Blackbean Nachos (G*, MU)	Margherita Pizza (G, MK)
Vegetable Choice	Rice & Peas	Garden Salad	Bubble & Squeak (MK)	Sour Cream & Guacamole (MK)	Salad Bar with Fresh Minted Peas
Dessert of the Day	Upside Down Spiced Pineapple Cake with Custard (E, G, MK)	Lemon Meringue Pie (E, G)	Peach & Winter Berry Cobbler with Custard (E*, G, MK)	Caramelised Banana Cake with Chocolate Sauce (E, G, MK, SO)	Salted Caramel Traybake (E, G, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (G*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit



St Matthews

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

* = May Contain