



DRESS TO EXPRESS

THIS CHILDREN'S
MENTAL HEALTH WEEK



Shine a spotlight on the
importance of children and
young people's mental health this
Children's Mental Health Week.

Help to ensure every child has
easy access to mental health
support whenever they need it.

Use clothing and colour
to express yourself during
Children's Mental Health Week
and donate £2 to Place2Be.



Place2Be's

CHILDREN'S
MENTAL HEALTH
WEEK

7 - 13 FEBRUARY 2022