

Menu Selector

Week 1 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>Sweet and Sour Chicken with Rice and Vegan Chow Mein (V)</p> <p>Broccoli Sweetcorn</p>	<p>Beef Chilli Wholegrain Rice</p> <p>Feta & Beetroot Burger (V) With Garlic & Herb Potato Wedges</p> <p>Green Bean Peas</p>	<p>Roast Turkey or Vegetable Pastry Slice (V) with Roast Potatoes, Gravy</p> <p>Carrots, Cabbage</p>	<p>Chicken Tikka Masala or Yellow Vegetable Curry (V) with Wholegrain Rice</p> <p>Sweetcorn Broccoli</p>	<p>Golden Fish Finger OR Vegetable & Bean Chilli (V)</p> <p>Chips</p> <p>Baked Beans Peas</p>
Alternative Dishes	<p>Jacket Potato (V) Baked beans (V) Cheese (V)</p> <p>Herby Tomato Pasta (V) Salad / Bread</p>	<p>Jacket Potato (V) Baked beans (V) Cheese (V)</p> <p>Herby Tomato Pasta (V) Salad / Bread</p>	<p>Jacket Potato (V) Baked beans (V) Cheese (V)</p> <p>Herby Tomato Pasta (V) Salad / Bread</p>	<p>Jacket Potato (V) Baked beans (V) Cheese (V)</p> <p>Herby Tomato Pasta (V) Salad / Bread</p>	<p>Jacket Potato (V) Baked beans (V) Cheese (V)</p> <p>Herby Tomato Pasta (V) Salad / Bread</p>
Dessert	<p>Orange Drizzle Cake Custard Fresh Fruit</p>	<p>Secret Brownie Custard Fresh Fruit Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain *** **Oily Fish (V) Vegetarian</p>	<p>Upside down Pear sponge Custard Fresh Fruit</p>	<p>Berry & Peach Oaty Crumble Custard Fresh Fruit</p>	<p>Ice Cream Jelly Fruit</p>



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Week 2 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	Topped Mac N Cheese Cajun Pulled Pork or Crispy Cauliflower (V)	Beef Lasagne or Red Lentil Dhai (V) served with Garlic & Herb Bread & Coleslaw	Lemon Roasted Chicken or Sweet Potato & Chickpea Roast (V) with Roast Potatoes, Gravy	Chicken Korma Wholegrain Rice Or Jerk Vegetable Burrito (V) with Fajita Wedges and Corn Slaw	Golden Fish Finger OR Crunchy Pepper & Humus Wrap (V)
	Sweetcorn Carrot	Peas Broccoli	Carrots, Cabbage	Green Beans Sweetcorn	Chips Baked Beans Peas
Alternative Dishes	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread
Dessert	Flapjack Custard Fresh Fruit	Lemon Cake Custard Fresh Fruit Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain *** **Oily Fish (V) Vegetarian	Raspberry Yogurt cake Custard Fresh Fruit	Fruity Chocolate Brownie Custard Fresh Fruit	Ice Cream Jelly Fruit



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Week 3 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	Topped Mac N Cheese BBQ Chicken or Crispy Cauliflower (V) Sweetcorn Carrot	Chicken Chow Mein Blackeye Bean Veggie Patty (V) With Chipotle Wedges Green Bean Broccoli	Roast Gammon or Vegetable Biryani (V) With Roast Potatoes and Gravy Carrots Cabbage	Thai Red Chicken Curry or Vegan Thai Green Curry (V) And Wholegrain Rice Sweetcorn Green Beans	Golden Fish Finger OR Vegan Sausage Roll (V) Chips Baked Beans Peas
Alternative Dishes	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread	Jacket Potato (V) Baked beans (V) Cheese (V) Herby Tomato Pasta (V) Salad / Bread
Dessert	Peach Slice Custard Fresh Fruit	Apple & Carrot Sponge Custard Fresh Fruit	Blue berry Muffin Cake Custard Fresh Fruit	Chocolate Cake Custard Fresh Fruit	Ice Cream Jelly Fruit

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily
 *Fruit Based **Wholegrain ***
 **Oily Fish (V) Vegetarian

