



ST MATTHEW ACADEMY

VIRTUAL SCHOOL NEWS

Issue 3

Friday 24th April 2020

Welcome to the Summer Term!

Key points

- We have raised over £3000 so far for computers for pupils – thank you for your incredible support!
- Please ensure all pupils have logged into their new online classrooms on Google – information for how to do this was emailed out this week

We hope you had a restful and enjoyable Easter break. This week marks the start of the Summer Term, and whilst things remain uncertain, you can be sure that the SMA community is here to support you. Please do stay in regular contact with staff. Teachers will be awarding achievement points to recognise pupils' hard work and work of high quality. Achievement points will be published weekly and rewarded with vouchers.



Home learning begins in earnest again this week and our top tips for parents are:

1. **Routines and boundaries are really important** - Establishing start times, breaks and end times will help everyone but it's ok to be flexible!
2. **Stay in touch with teachers** – They can provide pupils with feedback, send more work or offer advice for how to engage pupils.
3. **Utilise the resources, ideas and links available** – There are numerous links in these newsletters and on our website, but remember not all learning needs to happen with screens.
4. **Don't put too much pressure on each other** – teaching is stressful so listen to each other and be prepared to be flexible.

We are also pleased to announce our new online classrooms have been launched on Google. This should make home learning and communication with each other far more straightforward. All tasks will be set and marked on this platform from now on. Please ensure you join your classes ahead of next week

We hope you enjoy this week's edition and keep safe!

All of us at St Matthew Academy

3 key things we have learnt so far...

1. COMMUNITY VALUES

The SMA community has demonstrated their amazing generosity and demonstrated our values in practice by supporting our charity appeal to raise money to purchase devices and laptops for pupils working at home. We are still fundraising so please check Twitter for how to donate.

2. THE VALUE OF SLEEP

Getting good quality sleep to recharge ourselves physically and mentally has never been so important. Make sure you go to bed at the same time each evening – not too late – so that your mind and body anticipate the time for total relaxation. Avoiding screens for half an hour before bed is also a good idea to aid restful sleep. Set your alarm for the same time every morning and discipline yourself to get out of bed. This will train your mind and body to be ready for the day!

3. VALUE YOUR FOOD

Eating a healthy balanced diet is always a good idea. Always make room for plenty of fruit and vegetables at meal times to balance your intake of carbohydrates, proteins and fats. Why not go online and look at some simple recipes that you could cook and share with your families? If you don't have the ingredients, put them on the shopping list for next week!

To really value your food – eat together with your family and leave your screens alone until after your meal!



SECONDARY CHALLENGE:

Well done to Thalia in Y7 who won last week's Art challenge to create something imaginative out of a loo roll by creating a hot air balloon complete with passenger!



Don't forget to send pictures of your completed challenges if you want to be entered into the prize draw!



What are the 'missions possible' this week?

Challenge one this week is from the History Department:

Produce something that could be studied by historians of the future who are looking at experiences of ordinary people (whose history is rarely ever recorded or studied) such as a diary entry, video diary, letter, poem or painting that records our experiences of the Coronavirus pandemic.

Send images of your work to dqu@stmatthewacademy.co.uk by Thursday 30th April at 12pm to be entered into the prize draw.

Challenge two this week is from the Food Department:

The "No waste Food Challenge."

Your challenge is to reduce your food waste by cooking a dish using leftovers or food that you would ordinarily throw away.

Please click on the link to find examples of recipes you can follow to cook with the food you'd normally waste. Or better yet, just open your fridge and come up with something new based on what you have left over!

<https://www.elizabethskitchendiary.co.uk/nwfc-2/>

To submit your entries for this challenge, please email a photograph of your final dish to nli@stmatthewacademy.co.uk along with an explanation of the food you "rescued" in your recipe.



PRIMARY CHALLENGES:

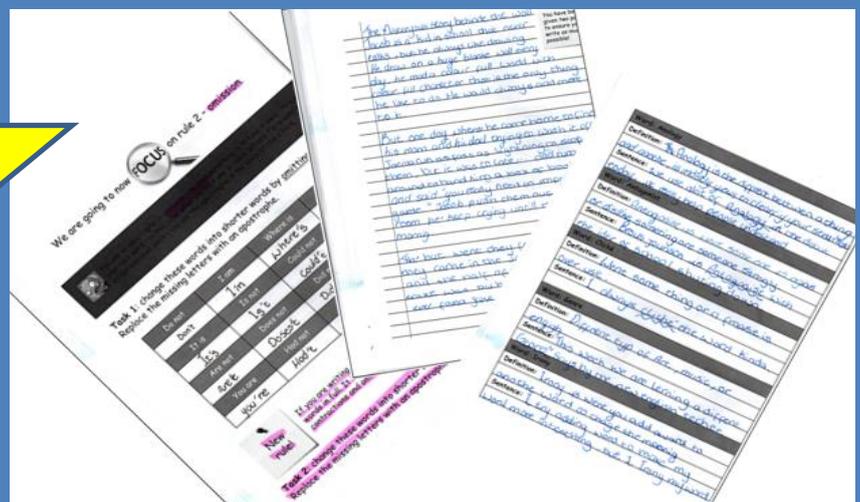
Challenge 1	EYFS and KS1	KS2			
<p>You will need:</p> <p>A set of playing cards</p> 	<p><u>Go Fish</u></p> <p><u>Aim:</u> To make pairs with number bonds to 10</p> <ol style="list-style-type: none"> Deal 5 cards to each player. The remaining cards are placed in a pile. Take turns asking other players for a card to make a number bond to 10. If the player doesn't have the card, they say 'Go Fish!' The player picks a card from the pile. Pairs that make 10 are placed down. The game ends when 1 player has no cards. The player with the most pairs wins. 	<p><u>Multiply!</u></p> <p><u>Aim:</u> To win the most pairs of cards by multiplying the quickest.</p> <ol style="list-style-type: none"> Put all the cards face down on a flat surface. Each player takes turns to turn 2 cards over. All players must multiply the numbers together, the first player to shout out the answer wins the pair. The player with the most pairs wins. Make the game harder by turning 3 cards over at a time. 			
Challenge 2		Challenge 3			
<p>We love looking for maths all around us, especially during our daily walk or out of our windows. Can you estimate how many?</p> 	<p>Can you take some estimation photos during your daily walk or from out of your window? Don't forget to share them with us!</p>	<p>Can you take some estimation photos during your daily walk or from out of your window? Don't forget to share them with us!</p> <p>Can you make an indoor or an outdoor den? Could you make a small-scale den for a toy?</p>  <p>Measure the height, length and width of your den. How many people/ toys can fit inside it? Share your photos with us!</p> 			
Challenge 4		Challenge 5			
<p>Here's a recipe for 10 chocolate crispy buns.</p> <p>150 g milk chocolate 100 g butter 4 tbsp golden syrup 100 g rice krispies or cornflakes.</p> <p><u>Method</u></p> <ol style="list-style-type: none"> Melt the chocolate, butter and golden syrup in the microwave (10 seconds at a time). When melted, stir in the rice krispies. Share between 10 bun cases and put in the fridge to set. 	<p>We love looking for patterns all around us. It's amazing how many patterns we can spot around the house, especially in our food!</p> <p>Look at the patterns inside these objects. Can you describe the patterns? Make your own pattern in a circle or a spiral using different items e.g. buttons, pebbles, leaves etc.</p>	 <p>Can you draw or photograph the pattern you have made? Don't forget to share your photos and drawings!</p>			
	<p>Can you adapt our recipe to make 5, 15 or 20 chocolate crispy buns? Can you estimate how many individual rice krispies/cornflakes you've used?</p>	Challenge 6			
<p>Extra Challenge: Use sweets to decorate your buns. Work out what fraction of each colour of sweet you have used e.g. 7/20 pink sweets.</p> <p>Don't forget to share your photos!</p>		<p>Did you know that the world record for the most kick ups in a minute is 339? How many do you think you could do?</p> <p>Choose an activity and estimate how many times you think you could do it in a minute. Set a minute timer and complete the activity. How close was your estimate?</p>  <p>Claps</p>	 <p>Kick ups</p>	 <p>Write your name</p>	 <p>Star jumps</p>
<p>See how many challenges you can complete in a week!</p> <p>Don't forget to send your name, year group and a photograph or drawing of you completing the challenge to dpe@stmatthewacademy.co.uk</p> <p>Good Luck! I can't wait to see the results!</p> <p>Miss Pedersen 😊</p>					

Secondary home learning roll of honour...

We are so proud of our pupils who have been working hard at home this week to produce amazing quality work. Thank you to our supportive parents who are managing home schooling. Send us snapshots of you working hard at home – we would love to include them!

Will you let your light shine and be awarded a shout out next week? Complete your online tasks and email your teacher any other work completed to make the roll call next week!

Sana Y7
English



Secondary home learning roll of honour continued...

Well done to our top scorers in Hegarty Maths, This is Language, Duolingo, Seneca and Lexia this week. Congrats to our photographer of the week too!

Will you make the roll of honour next week?

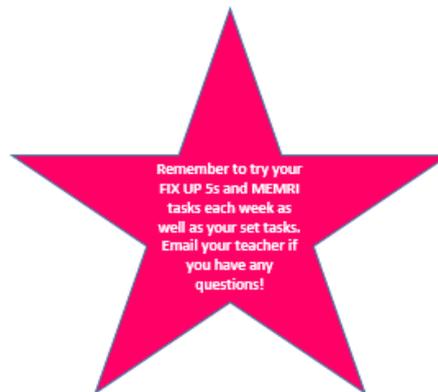


St Matthew Academy Hegarty Maths Performance Week 2: Friday 3rd April - Friday 24th April 2020



Top 5 Hegarty Users in SMA	
Name	Number of hours on hegarty
Thaliah LEIGHTON-MITCHELL	18.7
Farishta MUSTAFA year 7	15.4
Desree ESEOGHENE-AKPODO	11.7
Leslie DAVIES year 9	11.5
Angelima BAANAH-JONES year 9	11.2

Top 5 MEMRI Classes in SMA	
Name	Number of hours on hegarty
11ew/Ma4	19.9
11ew/Ma2	18.6
8ew/Ma1	18.2
7ew/Ma2	16.8
10ew/Ma1	14.9



Top 2 Hegarty Users in Year 7 SMA	
Name	Number of hours on hegarty
Thaliah LEIGHTON-MITCHELL	18.7
Farishta MUSTAFA	15.4

Top 2 Hegarty Users in Year 8 SMA	
Name	Number of hours on hegarty
Desree ESEOGHENE-AKPODO	11.7
Angelima BAANAH-JONES	11.2

Top 2 Hegarty Users in Year 9 SMA	
Name	Number of hours on hegarty
Leslie DAVIES	11.5
Haja KONIE	10.2

Top 2 Hegarty Users in Year 10 SMA	
Name	Number of hours on hegarty
Kadina CHARLTON	9.8
Jethukulan PRABAKARAN	8.5

Top 2 Hegarty Users in Year 11 SMA	
Name	Number of hours on hegarty
George GARNETT-O	7.6
Joshua WHITEHEAD	7.4

Well done for your brilliant efforts with your hegarty maths over this last week!!
Keep up your great work! ;)



This Is Language Top Scorers:

Fernanda Y8
Allayah Y10

Duolingo Top Scorers:

Daksh Y7
Wendy Y8

Seneca Top Scorers:

Moyin Y8 = 13h56m
Melina Y7 = 7h32m

Lexia Top Scorers:

Barakat Arole Y7 = 197 Minutes

Jose Galvez Trucios Y8 = 107
Minutes

Photo of the week by Sebastian in Y10: 'Isolation'



Primary home learning roll of honour...

We are so proud of our primary pupils who have been working hard at home this week to produce amazing quality work. And big thank you to our parents for making home schooling possible! Will you let your light shine and be awarded a shout out next week? Complete your tasks and email your teacher any other work completed to make the roll call next week.

Reception Star Learner of the Week:
Bumblebees = Kymora

Y1 Star Learner of the Week:
Dragonfly = Maria

Y2 Star Learner of the Week:
Butterfly = Raheem

Y3 Star Learners of the Week:
Cheetahs = David
Panthers = Amalia

Y4 Star Learner of the Week:
Tigers = Henry

Y5 Star Learners of the Week:
Wolves = Abraham
Lions = Maria

Y6 Star Learners of the Week:
Eagles = Kiara
Jaguars = Nishan



Maye and Ky-Marley from Dragonfly have been using their maths skills to help around the house!

Supporting our critical keyworkers' children...

Thank you to our wonderful staff who have gone above and beyond to support our critical keyworkers' children by providing these families with a crucial service and safe space.



Chaplaincy

THE SECOND WEEK OF EASTER

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Examen

Let's take a moment to reflect.

For what am I grateful to God for today?

Where did I stray from God: through words, actions or things I did not do. How might I do better tomorrow? What grace do I ask from God in order to live more closely in his love?

You may wish to conclude by saying:

Lord Jesus, you have revealed yourself as the way to the Father:

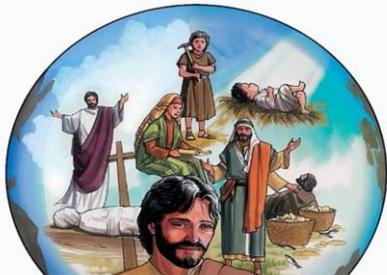
Lord, have mercy. Lord, have mercy.

You have poured out on your people the Spirit of truth:

Christ, have mercy. Christ, have mercy.

You are the Good Shepherd, leading us to eternal life:

Lord, have mercy. Lord, have mercy.



DAILY PRAYER



Year by year, Lord,
we recall the mystery of Easter,
the mystery which restored mankind to its
lost dignity
and brought the hope of resurrection.
Grant that we may possess eternally in
love
what we now worship in faith.

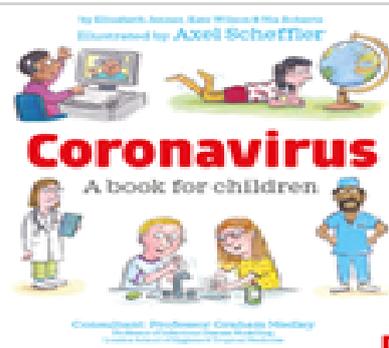
We make our prayer through our Lord
Through Christ our Lord.

Coronavirus - A book for children

This is a free book, so please download, and feel free to share.

Nosy Crow, an award-winning, small independent children's book publisher, published this book to meet the needs of children and their families. No one involved in the production of the book was paid anything for their work.

http://www.olspn.church/wp-content/uploads/2020/04/Coronavirus_ABookForChildren.pdf.pdf



Ramadan begins on Thursday 23rd April until Saturday 23rd May. The Muslim Council of Britain, the largest umbrella organisation for Muslims in Britain, has published online guidance to help millions cope with the restrictions of lockdown during the coming fasting month of Ramadan.

Please see the website for the Muslim Council of Britain for advice and other information
<https://mcb.org.uk/>

Reading Corner...

Our KS2,3+4 virtual book clubs are now live so check your emails for instructions on how to take part - Let's get SMA reading!
Don't forget to send us pictures of you or your family enjoying a good book – audio counts too!

COMPETITION TIME!

The Foyles Young Poets competition is back for another year and offers the chance to win a range of prizes!

You can enter as many poems as you like!

Prizes include:

- Having your work published
- Attending the exclusive awards ceremony
- A goody bag full of books and other treats
- The chance to attend creative writing workshops

Plus, you can get support towards an internship programme- great if you're interested in media/performance!

The deadline is Friday 31st July, so plenty of time to get writing and entering!

You can enter via the website here:

<https://foleyoungpoets.org/apply/>

or you can email your poem to Miss Creary to enter for you: FCR@stmatthewacademy.co.uk

Secondary recommended read of the week:

Dreaming the Bear by Mimi Thebo

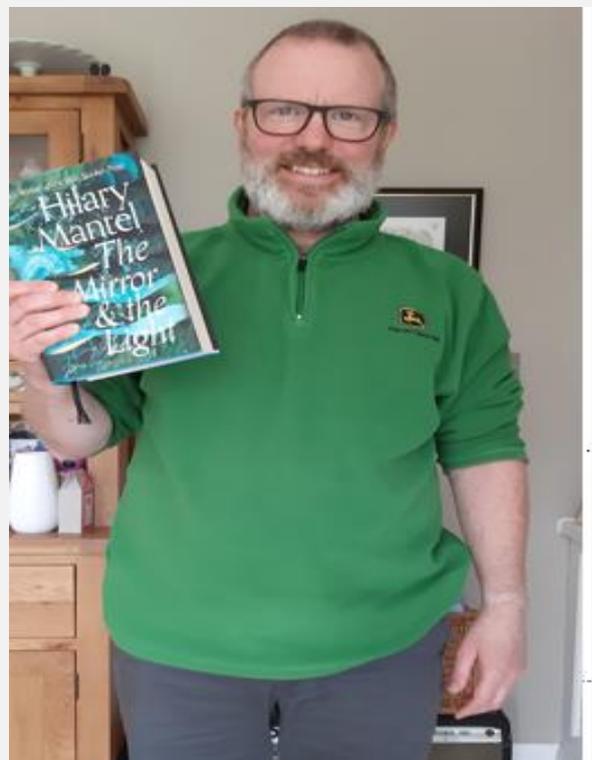
Primary recommended read of the week:

Farmboy by Michael Morpurgo

Staff Reading Recommendations This Week:

Mr Gunningham is reading 'The Mirror and the Light by Hilary Mantel.'

"A fascinating story about the life and death of Henry VIII's master secretary, Thomas Cromwell."



Guess the person who said the following quote and email fcr@stmatthewacademy.co.uk with your answers:

"Believe you can and you're halfway there"

Don't get bored!



As well as your home learning and daily exercise, check out some of the suggestions below to keep you and your family busy at home:

Cooking and baking: Chartwells have gone live with their new YouTube Channel – The Super Yummy Kitchen, featuring chef Andrew Walker and guest chef Allegra McEvedy cooking exciting healthy snacks that you can cook along with

<https://www.youtube.com/watch?v=Kb4XstRaEjs>

Science fun and games: The Science Museum has loads of games and activities to do at home

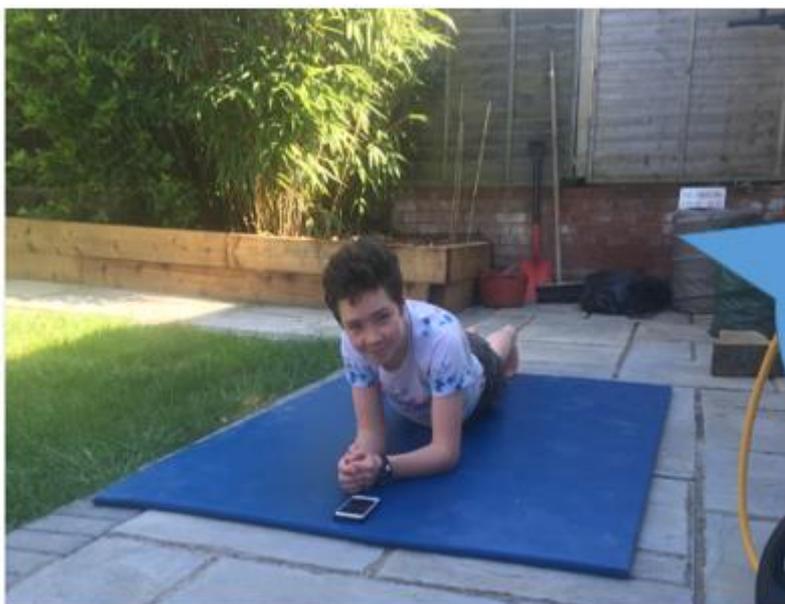
<https://www.sciencemuseum.org.uk/home>

Poetry exchange: Record yourself reading your favourite poem/verse/text and send it to mca@stmatthewacademy.co.uk.

'Must see' movies: Mr Cameron has put his list of 'must see' movies together. Watch them and send him a review for twitter:

- 'Forrest Gump'
- 'The Dark Knight' trilogy
- 'Interstellar'
- 'Inception'

What about completing some of the challenges we are setting in this newsletter?!



Check out Finlay in Y8 completing the plank from the PE challenges from last week's newsletters!

What have the staff been up to to keep themselves busy?

The Art Design + Technology department have been keeping their creative juices flowing and using Art to escape these difficult times. Check out their inspiring work below:



The faith keeper by Miss Wright



Matisse inspired painting by Mr Hopkins



A family relative by Miss Chen



And finally self-isolation has made Miss Livingston a bit dotty, a piece of artwork in progress. (Guess who it is?)

Final Thoughts for the Week...

Thank you to our staff and parents for your support in making this difficult time as 'normal' as possible for our pupils.

If you wish to donate to our gofundme.com initiative to raise money for equipment for pupils at home, please use the following link:

https://www.gofundme.com/f/computers-for-pupils?member=&utm_medium=email&utm_source=customer&utm_campaign=p_email%2Binvitesupporters

For more information about anything else, please visit:

SMA Website:

www.stmatthewacademy.co.uk

SMA Twitter page: @StMattAcad



COVID-19 MUTUAL AID UK

Hello! If you are self-isolating, we can help.

My name is **Anne Bennett**

My phone number is **07572 873327**

My email address is btavicar@gmail.com

I am the local co-ordinator of a group of local residents.

If you are self-isolating and you are running out of food and need someone to shop for you, if you need someone to post a letter for you, or if you'd just like a friendly chat by phone we can help.

You may be isolated, but you are not alone.

Just call or text and we will do our best to help you, (free of charge)

Please, never give money to anyone offering to fetch shopping for you and never let strangers into your home. Honest people fetch things first and take the money afterwards! Any items we fetch will be delivered to your doorstep. We cannot give you money: please don't ask for this.

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness.

Keep your distance and wash your hands regularly!

 **STAY AT HOME**

PROTECT THE NHS

 **save lives**